

First Visit Instructions

- + Bring in all completed paperwork that may have been sent to you.
- + Make sure that your electronic systems survey has been returned to us. If you do not have internet, please bring in the filled-out form.
- + Bring a small snack with you if you tend to get hungry and weak without eating. The first visit is typically longer than follow-up visits.
- + DO NOT wear perfume or cologne. Many of our patients are dealing with detoxification issues, and many are chemically sensitive.
- + Continue taking all prescription medication.
- + On the day of your Electro-Dermal testing, take any vitamins or supplements that you normally do. This allows us to test you at this level of supplementation.
- + Please arrive 20-30 minutes early (except for any appointment prior to 9:00 am to complete any paperwork , become acclimated and allow for your initial paperwork processing.

Thank you and welcome to our Clinic!